

TAOIST CULTURAL ARTS GRADES

Grades	Stances & Steps	Chi/Li Demos	Kai Men	I Fu Shou	Lun Pei	Lun Shou	Tai Chi Chuan	Tai Chi Dance	Tai Chi Silk	Tai Chi Fan	Tai Chi Stick	Tai Chi Sword	Tai Chi Nun-Chaka
9th Pan	Eagle	1	3	Left	Left	Left	11	10					
8th Pan	Bear	1	6	Left	Left	Left	20	20					
7th Pan	Dragon	1	9	Right	Right	Right	30	30					
6th Pan	Snake	2	11	Right	Right	Right	40	40					
5th Pan	Riding Horse	2	13	Front	Front	Front	50	50					
4th Pan	Cat	2	15	Front	Front	Front	58	60					
3th Pan	Leopard	3	18	Rear	Rear	Rear	69	70					
2nd Pan	Monkey Duck	3	20	Rear	Rear	Rear	80	80	10				
1st Pan	Crane	3	22	Down	Down	Down	89	90	20	10			
1st Teng	Cross Leg	4	30	Down	Down	Down	102	100	40	30	30	10	10
2nd Teng	Chicken Seissor	5	40	Upward	Upward	Upward	114	120	60	40	60	30	20
3rd Teng	Lion	7	57	Upward	Upward	Upward	126	150	80	60	90	60	40
4th Teng	Dog	10	68	All Areas	All Areas	All Areas	136	169	110	90	120	90	60
5th Teng	Frog	15	100	Two Hands	Two Hands	Two Hands	140	185	120	120	140	120	90
6th Teng	Drunkard	21	160	Two Hands	Two Hands	Two Hands	140	185	131	140	200	140	120